

























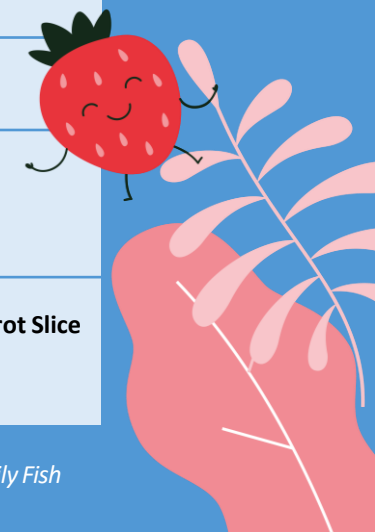





























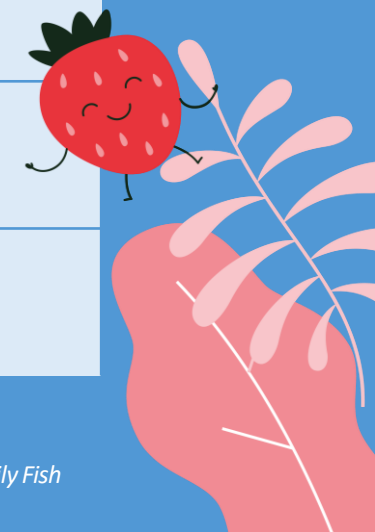
# LUNCH MENU week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Vegan Balls, Tomato Sauce and Pasta</b>  	<b>All Day Breakfast with Bacon</b>	<b>Roast Chicken</b> with Yorkshire Pudding, Roast Potatoes and Gravy	<b>Mince and Dumpling</b> with New Potatoes	<b>Chicken Goujons</b> with Chips
<b>Cheese and Onion Quiche</b> with New Potatoes  	<b>All Day Breakfast</b> with Vegetarian Sausage 	<b>Vegetable Pie</b> with Roast Potatoes and Gravy 	<b>Cheese and Pea Risotto</b> with Homemade Garlic Bread  	<b>Quorn Bites</b> with Chips 
<b>Jacket Potato</b> with Baked Beans  	<b>Pasta Carbonara</b> 	<b>Tomato Pasta</b>   	<b>Jacket Potato</b> with Cheesy Coleslaw 	<b>Macaroni Cheese</b> 
<b>Freshly-made Sandwiches, Rolls &amp; Wraps</b>				
<b>Fresh Salads</b> including Lettuce, Cucumber, Tomato, Grated Carrot and Sweetcorn 				
<b>Carrots</b> <b>Green Beans</b> 	<b>Sweetcorn</b> <b>Broccoli</b> 	<b>Carrot</b> <b>Cabbage</b> 	<b>Broccoli</b> <b>Sweetcorn</b> 	<b>Baked Beans</b> <b>Peas</b> 
<b>Vanilla Ice-Cream</b>	<b>Chocolate Sponge</b> with Chocolate Custard	<b>Jelly with Fruit Slices</b> 	<b>Apple Crumble Custard</b>  	<b>Orange, Sultana and Carrot Slice</b> with Custard


































# LUNCH MENU week 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Vegetarian Pasta Bolognese</b> with Tomato Bread Twist   	<b>Sticky Chicken Noodles</b> 	<b>Roast Pork</b> with Roast Potatoes and Gravy	<b>Minced Beef Pie</b> with New Potatoes and Gravy	<b>Fish Fingers</b> with Chips
<b>Margarita Pizza</b> with Jacket Wedges  	<b>Cheese and Onion Pasty</b> with Potato Wedges 	<b>Vegetable Shepherdess Pie</b> with Gravy  	<b>Sweetcorn Tortilla Pie</b> with Rice 	<b>Quorn Bites</b> with Chips 
<b>Jacket Potato</b> with Cheese 	<b>Pasta Carbonara</b> 	<b>Jacket Potato</b> with Tuna and Cucumber	<b>Tomato Pasta</b>   	<b>Jacket Potato</b> with Baked Beans  
<b>Freshly-made Sandwiches, Rolls &amp; Wraps</b>				
<b>Fresh Salads</b> including Lettuce, Cucumber, Tomato, Grated Carrot and Sweetcorn 				
<b>Carrots</b> <b>Green Beans</b> 	<b>Peas</b> <b>Broccoli</b> 	<b>Carrots</b> <b>Cabbage</b> 	<b>Parsnip</b> <b>Sweetcorn</b> 	<b>Baked Beans</b> <b>Peas</b> 
<b>Flapjack and Fruit Slice</b>  	<b>Shortbread Biscuits, peaches</b> with Custard 	<b>Raspberry Yogurt Cake</b> with Custard	<b>Cocoa Biscuit</b> with Orange Fruit Wedge	<b>Sponge Cake</b> with Custard



# LUNCH MENU week 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Vegetarian Sausage</b> with Mashed Potatoes and Gravy  	<b>Pasta Bolognese</b> with Garlic Bread  	<b>Roast Turkey</b> with New Potatoes, Yorkshire Pudding and Gravy	<b>Chicken Korma</b> with Rice  	<b>Fish Fingers</b> with Chips
<b>Macaroni Cheese</b> 	<b>Cheese and Broccoli Quiche</b> with Salad, Coleslaw and New Potatoes 	<b>Quorn Roast</b> with New Potatoes, Yorkshire Pudding and Gravy 	<b>Vegetable Lasagne</b> with Garlic Dough Balls 	<b>Mexican Taco Pots</b> with Chips   
<b>Jacket Potato</b> with Cheese and Tomatoes 	<b>Jacket Potato</b> with Salmon and Mayo  	<b>Pasta Carbonara</b> 	<b>Tomato Pasta</b>   	<b>Jacket Potato</b> with Baked Beans  
<b>Freshly-made Sandwiches, Rolls &amp; Wraps</b>				
<b>Fresh Salads</b> including Lettuce, Cucumber, Tomato, Grated Carrot and Sweetcorn 				
<b>Peas</b> <b>Carrots</b> 	<b>Sweetcorn</b> <b>Broccoli</b> 	<b>Carrots</b> <b>Cabbage</b> 	<b>Mixed Vegetables</b> <b>Sweetcorn</b> 	<b>Baked Beans</b> <b>Peas</b> 
<b>Oat Biscuit and Fruit Slices</b>  	<b>Pear Upside Down Cake</b> with Custard 	<b>Strawberry</b> <b>Ice Cream</b>	<b>Jam Sponge Cake</b> with Custard	<b>Banana and Apricot Flapjack</b> with Custard

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily



Vegetarian



Nutritionists Choice



Fruit Based



Wholegrain



Oily Fish

