



Spring/Summer 2021 Menu - Week One

Cotherstone Primary School



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|
| Choice A Minced Beef with Yorkshire Pudding, Gravy and Creamed Potato | Choice A Chicken Chow Mein with Noodles | Choice A Baked Pork Steak with Wholegrain Rice and Barbeque Sauce | Choice A Homemade Cheese and Onion Pie with Roasted New Potatoes | Choice A Lightly Battered Fish with Tomato Sauce and Chips |
| Choice B Macaroni Cheese (v) with Crispy Croutons | Choice B Wholemeal Cheese and Tomato Pizza (v) with Half Jacket Potato | Choice B Quorn and Vegetable Crispy Taco (v) with Shredded Lettuce, Salsa and Jacket Wedges | Choice B Tomato and Basil Pasta (v) with Garlic Bread | Choice B Vegetable Burritos (v) and Brown Rice |
| Choice C Jacket Potato with a selection of fillings | Choice C Jacket Potato with a selection of fillings | Choice C Jacket Potato with a selection of fillings | Choice C Jacket Potato with a selection of fillings | Choice C Jacket Potato with a selection of fillings |
| Spring Cabbage Sweetcorn Niblets Fresh Salad Selection | Spaghetti Hoops Sweet Garden Peas Fresh Salad Selection | Sweetcorn Niblets Green Beans Fresh Salad Selection | Broccoli Florets Sliced Carrots Fresh Salad Selection | Baked Beans Sweet Garden Peas Fresh Salad Selection |
| Choice A Homemade Lemon Drizzle Cake | Choice A Frozen Strawberry Ice with Apple Slices | Choice A Freshly Baked Ginger Biscuit and Orange Wedges | Choice A Homemade Peach Shortcake with Custard | Choice A Chocolate and Pear Sponge with Chocolate Drizzle |

Available Daily

Salad Selection, Fresh Bread Selection, Fresh Fruit (Pudding choice B) and Yoghurt (Pudding choice C).

Drinking water will be served with every meal.





Seafood with this mark comes from an MSC certified sustainable fishery www.msc.org



Spring/Summer 2021 Menu - Week Two

Cotherstone Primary School

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|--|
| Choice A Pasta Bolognese with Garlic Bread | Choice A Chicken Parmo with Baked New Potatoes | Choice A Roast Pork with Gravy Roast Potatoes | Choice A Chicken Pie with Gravy and Mashed Potato | Choice A Fish Fingers with Chips and Tomato Sauce |
| Choice B Homemade Cheese and Onion Quiche (v) with Baked Potato Wedges | Choice B Spanish Omelette (v) with Peppers and Potatoes and Crusty Bread | Choice B Wholemeal Cheese and Tomato Pizza (v) Roast Potatoes | Choice B Baked Bean Lasagne (v) with Chunky Bread | Choice B Vegetarian Sausage (v) with a soft roll, Chips and Tomato Sauce |
| Choice C Jacket Potato with a selection of fillings | Choice C Jacket Potato with a selection of fillings | Choice C Jacket Potato with a selection of fillings | Choice C Jacket Potato with a selection of fillings | Choice C Jacket Potato with a selection of fillings |
| Cauliflower Florets Sweet Garden Peas Fresh Salad Selection | Green Beans Sliced Carrots Fresh Salad Selection | Sweetcorn Niblets Broccoli Florets Fresh Salad Selection | Sliced Carrots Mixed Vegetables Fresh Salad Selection | Sweet Garden Peas Baked Beans Fresh Salad Selection |
| Choice A Lemon and Courgette Cake | Choice A Chocolate Crispy Cake | Choice A Toffee Ice with Banana Slices | Choice A Cheese and Biscuits with Apple or Choice D Iced Chocolate Cake | Choice A Homemade Oat Flapjack with Custard |

Available Daily

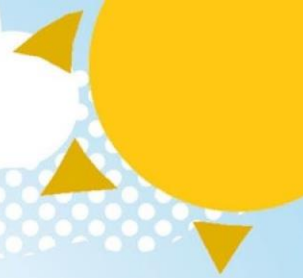
Salad Selection, Fresh Bread Selection, Fresh Fruit (Pudding Choice B) and Yoghurt (Pudding Choice C)

Drinking water will be served with every meal.





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Spring/Summer 2021 Menu - Week Three

Cotherstone Primary School

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|
| Choice A Corned Beef Pie with Gravy and New Potatoes | Choice A Creamy Chicken Curry with Wholegrain Rice | Choice A Roast Gammon Loin with Roast Potatoes | Choice A Spaghetti Bolognese | Choice A Lightly Battered Fish with Tomato Sauce and Chips |
| Choice B Baked Omelette (v) with New Potatoes | Choice B Wholemeal Cheese and Tomato Pizza (v) with Baked Jacket Wedges | Choice B Cheesy Pasta bake (v) with Garlic Bread | Choice B Vegetarian Sausage in a Bun (v) with Baked Jacket Wedges and Tomato Sauce | Choice B Creamy Savoury Vegetable Pie (v) with Chips |
| Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings | Jacket Potato with a selection of fillings |
| Broccoli Florets Garden Sweet Peas Fresh Salad Selection | Sweetcorn Niblets Spaghetti Hoops Fresh Salad Selection | Sliced Carrots Broccoli Florets Fresh Salad | Spring Cabbage Sweetcorn Niblets Fresh Salad Selection | Sweet Garden Peas Baked Beans Fresh Salad Selection |
| Choice A Chocolate Crunch with Custard | Choice A Shortbread with a glass of fresh Milk | Choice A Freshly baked Oat Cookie with Water Melon | Choice A Carrot Cake | Choice A Chilled Fruit Jelly |

Available Daily

Salad Selection, Fresh Bread Selection, Fresh Fruit (Pudding Choice B) and Yoghurt (Pudding Choice C).

Drinking water will be served with every meal.

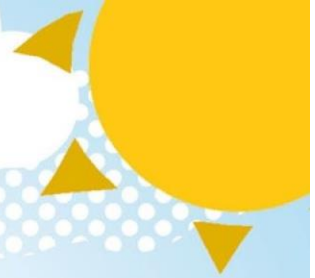




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Taylor Shaw

Seeing food differently



CHILD'S NAME:

| Week One | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------|--------|---------|-----------|----------|--------|
| MAIN COURSE CHOICE | | | | | |
| PUDDING CHOICE | | | | | |

| Week Two | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------|--------|---------|-----------|----------|--------|
| MAIN COURSE CHOICE | | | | | |
| PUDDING CHOICE | | | | | |

| Week Three | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------|--------|---------|-----------|----------|--------|
| MAIN COURSE CHOICE | | | | | |
| PUDDING CHOICE | | | | | |

Drinking water will be served with every meal.





Taylor Shaw

Seeing food differently

