

Cotherstone Primary School

Physical Education Long-Term Plan

Cycle B - (Odd year e.g. 2021)

	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
<u>Year 1 &amp; 2</u>	<u>Games</u> Ten Point Hoops (CT)	<u>Games</u> Multi Skills (SSSP)	<u>Swimming</u>	<u>Swimming</u>	<u>Athletics</u> Honey Pot (CT)	<u>Athletics</u> Honey Pot continued
	<u>Gymnastics</u> EDS ks1 Unit 1 Task 1	<u>Dance</u> Themes and Dreams EDS KS1 Unit 1	<u>Gymnastics</u> Families of Actions (CT)	<u>Games</u> Football (SSSP)	<u>Dance</u> Round the Clock (CT)	<u>OAA</u> Gone Fishing EDS KS1 Ut 1 Task 2
<u>Year 3 &amp; 4</u>	<u>Games</u> Tag Rugby (SSSP)	<u>Gymnastics</u> Partner Work (CT)	<u>Dance</u> Indian Delight (CT)	<u>OAA</u> Safely Across EDS KS2 Unit2 Task 3	<u>Games</u> Cricket (SSSP)	<u>Athletics</u> Faster, Higher, Further EDS KS2 Unit 2
	<u>Swimming</u>	<u>Swimming</u>	<u>Gymnastics</u> EDS KS2 Unit 3 Task 1	<u>Dance</u> Topic-based Dance	<u>Athletics</u> Three Jump Challenge (CT)	<u>OAA</u> Search and Rescue (CT)
<u>Year 5 &amp; 6</u>	<u>Games</u> Wide Attack (CT)	<u>Gymnastics</u> Acrobatic Gymnastics (CT)	<u>Dance</u> Making the Grade (CT)	<u>Gymnastics</u> Group Dynamics (CT)	<u>OAA</u> Electric Fence (EDS)	<u>Athletics</u> (SSSP)
	<u>Swimming</u>	<u>Swimming</u>	<u>Games</u> High 5 Netball (SSSP)	<u>Athletics</u> Developing Athletes (CT)	<u>Dance</u> What's So Funny? EDS KS2 Unit 4	<u>OAA</u> Orienteering Against the Clock (CT)

OAA - Outdoor and Adventurous Activities

SSSP - Staindrop School Sports Partnership

CT - Core Task

EDS - Durham Assessment Task