Feeding Families

Receive a Hamper for your Family this Christmas

Would you like help for your family this Christmas? Feeding Families provides and delivers FREE hampers to hundreds of families in the north east. You can apply if you are in financial need and struggle on a day-to-day basis to feed your family.

To make an application please go online to:

feedingfamilies.org.uk/receive

There is a simple application process to follow and then we try to match you with a volunteer who will donate and deliver your hamper.

APPLICATIONS OPEN
6TH OCTOBER TO 30TH NOVEMBER 2020

WE EXPECT HIGH DEMAND SO PLEASE MAKE YOUR REQUEST AS SOON AS POSSIBLE FOR THE BEST CHANCE OF RECEIVING A HAMPER.

If you do not have access to the internet at home, please ask someone to help you, for example a family member, friend or local library.

Registered Charity 1179694

HAMPER CONTENTS

(This is an example of what you might receive)

- Sponge or Christmas pudding
- Custard / white sauce
- Gravy granules
- Cake (Christmas, choc log, choc rolls etc.)
- Chocolates or sweets
- Mince pies
- Savoury snacks (e.g. crisps, nuts etc.)
- Coffee
- Tea
- Squash, UHT fruit juice or fizzy non-alcoholic drink
- Chocolate biscuits
- Breakfast cereal
- Jam, marmalade, choc spread or peanut butter
- Part baked bread
- Cooking sauce
- Pasta
- Tinned tuna/meat
- Baked beans/tinned spaghetti
- Soup
- Tinned veg (e.g. sweetcorn, carrots)
- Handwash
- Shampoo
- Shower gel
- Fresh meat
- Fresh veg

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Email info@feedingfamilies.org.uk