

# Cotherstone Primary School

Spring Term Number 6 28th February

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# Snow Day

If anybody didn't receive the text message we sent out early on Monday morning with regard to the school closure, please inform a member of staff.

## Roblox app

We have been informed that the Roblox app that many of the children may use outside of school has links attached that are inappropriate for primary aged children. Please be vigilant when allowing your child access to such applications.

# Feminine hygiene

Please be aware that we now have a supply of basic sanitary products in school. Please can you discuss this with your year 5 and 6 daughters.

#### Class 1 Vet Visit

## By Emmy, Penny & Joseph

Before the holiday Mr Matthews, a local vet, came into our class. We had some questions ready for him and he asked us if we had a pet. He read us a story about a pet tortoise. He examined Truffles, a guinea pig, and talked about the tortoise. Mr Matthews wanted to be a vet because he loves animals and being outside. We really enjoyed Mr Matthews coming in because it was inspiring.

#### Netball Festival

# By James & Monty

On 12th February, Class 3 went to a High 5 Netball Tournament at Newton Aycliffe. We were split into two teams; Team A and Team B. We played 3 matches. Ramshaw, Bowes Hutchinson's, Woodland and Butterknowle primary schools were also at the event. Ramshaw won but didn't get through to the final. To find out who won it had to go down to

points difference. Cotherstone came 3rd. Team A had nets to score in and Team B had hoops to score in. We all had a good time.

# Class 1 Multi-skills Festival Report By Charlie, Ryan & Holly

We went to the festival at Staindrop and shared the bus with Bowes Hutchinson's.

We played Shark Attack, went round the Obstacle Course and did throwing and catching.

We had a great time!

# Internet Safety Day By Isabella & Chloe

On Wednesday, some police members came in to school and they talked to us about how to stay safe online. They told us to always tell an adult who you are talking to online and if people online ask for your personal details never give it to They also explained to us about a website called CEOP, which is a website where you can report people for doing naughty things online. For example, if they say bad language in their text...REPORT THEM!! If they ask you to meet up...REPORT THEM!!!

# Pancake Day

## By Sennen & Isolina

On Tuesday 25th February, it was Pancake Day which is also known as Shrove Tuesday. Vicky H, Kelly G, Rachel G and Mary H, from Friends of Cotherstone School, came in and made pancakes. We got to eat the pancakes, the choices were lemon juice, sugar, syrup and Nutella. They were so yummy!!!! We would like to thank FOCS for coming in and treating us to a delicious afternoon!

## Dates for your diary

Dates in bold are new additions from the last Newsletter

2nd - 6th Mar - National Careers Week

5th Mar - World Book Day 6th Mar - C3 Eden Camp trip

13th Mar - Sport Relief

27th Mar – 2pm School Nurse Drop-in

27th Mar - Celebration Assembly 2:45pm

Thank you for your support.

Chris Matthewman and the Cotherstone Primary School

#### Homework

Class 1 - Year 2- Write 6 facts that you find out about Julia Donaldson

Year 1- Write 3 facts that you find out about Julia Donaldson

Reception- Draw a picture of your favourite Julia Donaldson book and tell me why you like it

Year 1 & 2 - spellings given for following Friday

Class 2 - Numeracy: Perimeter of 2D shapes. Literacy: Expanded noun phrases. Spellings week 1

Class 3 - Numeracy: Leap year task. History: World War II key event research. Literacy: Spellings

# News from The Friends of Cotherstone School

Could we please all make sure that we have paid for our 100 Club numbers. Either contact Liz Gill direct or you can leave payment at the school office.

FOCS have organised for a bag collection in aid of Great North Air Ambulance. Suitable items are Clothing, bedding, belts, towels, curtains and pairs of shoes.

We will distribute bags next Friday. There will also be spare bags available at the school office or to bring in binbags is perfectly acceptable.

The collection is taking place at the top of the school car park on Friday 20th March. Please spread word with family, friends and around the village. It's a great way for us all to have a clear out and an easy fundraiser for the school.

## A Message from The School Nursing Team

# How can the School Nursing team support you and your family?

We support the physical and emotional health and wellbeing of children, young people and their families.

We provide advice on being healthy and staying safe, healthy eating, dental health, sexual health, substance misuse and emotional resilience.

We work closely with schools to identify health needs across the school population and plan how we will work together to deliver health promotion activities over the academic year

We provide a confidential drop-in service within secondary schools.

We offer health needs assessments to ensure your child continues to reach their full potential by promoting optimal health and wellbeing for all children and young people.

We work in partnership with our immunisation team to promote and support the childhood immunisation programme which ensures your child is protected against disease and infection.

We offer support and information for teenage parents.

We provide specific support for families with complex needs such as diabetes and asthma so that your child can continue to enjoy their education at school.

We work in partnership with outside agencies to promote the rights and educational needs of young carers.

We deliver the NCMP (National Child Measurement Programme) to provide parents with an objective measurement of how your child is growing.

We offer support to children who are not in education and are educated outside of school

# When will I see my School Nursing Team?

All children will be offered universal screening within school for vision, hearing and growth measurements and will be seen by our dedicated screening teams in Reception and Year 6.

In partnership with local schools, the School Nursing team will deliver tailored health promotion sessions within schools on a range of topics such as dental care, hand washing, healthy relationships, alcohol and drugs and puberty.

Parents/carers or older children (those deemed to have capacity to consent for themselves) can be seen at any point if they have concerns about health and wellbeing. The School Nursing team will complete a comprehensive health assessment to identify what support is required.

The school nurse will be in school on Friday 27th March at 2pm.

### How do I access the School Nursing Service?

We accept referrals from a range of sources including the child/young person, parent or carer. Referrals from other professionals should be completed with the consent from the family/child. To make a referral please contact our Single Point of Contact on 03000 263 538 (open Monday-Friday 9am until 5pm).