**Cotherstone Primary School**

**Physical Education Long-Term Plan**

 **Cycle A – (Even year e.g. 2020)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Year 1 & 2** | **Games****Piggy in the Middle (CT)** | **Games****Multi Skills (SSSP)** | **Swimming** | **Swimming** | **Athletics****Colour Match** **(CT)** | **Athletics****Colour Match continued** |
| **Gymnastics****EDS ks1 Unit 1 Task 2** | **Dance****Cat Dance** **(CT)** | **Gymnastics****Making Shapes (CT)** | **Games****Football** **(SSSP)** | **Dance****How Does It Feel?** **EDS KS1 Unit 2** | **OAA****Where Are We Going?****EDS KS1 Ut 1 Task 1** |
| **Year 3 & 4** | **Games****Tag Rugby** **(SSSP)** | **Gymnastics****Balancing Act (CT)** | **Dance****Machines** **(CT)** | **OAA****Where Am I? EDS KS2 Unit2 Task 2** | **Games****Cricket** **(SSSP)** | **Athletics****Distance Challenge****EDS KS2 Unit 3** |
| **Swimming** | **Swimming** | **Gymnastics****EDS KS2 Unit 4 Task 1** | **Dance****Topic-Based Dance** | **Athletics****Take Aim****(CT)** | **OAA****Communication Challenge** **EDS Unit 2 Task 2** |
| **Year 5 & 6** | **Games****Pairs Play****(CT)** | **Gymnastics****Group Dynamics****(CT)** | **Dance****Invasion** **(CT)** | **Gymnastics****EDS Unit 6 Tasks 1& 2** | **OAA****Beat the Clock****(EDS)** | **Athletics****(SSSP)** |
| **Swimming** | **Swimming** | **Games****High 5 Netball****(SSSP)** | **Athletics****Improving Athletes****(CT)** | **Dance****Propped Up****(CT)** | **OAA****Crystal Star Challenge (CT)** |

**OAA – Outdoor and Adventurous Activities SSSP – Staindrop School Sports Partnership**

**CT – Core Task EDS – Durham Assessment Task**