**Cotherstone Primary School**

**Physical Education Long-Term Plan**

**Cycle A – (Even year e.g. 2020)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Year 1 & 2** | **Games**  **Piggy in the Middle (CT)** | **Games**  **Multi Skills (SSSP)** | **Swimming** | **Swimming** | **Athletics**  **Colour Match**  **(CT)** | **Athletics**  **Colour Match continued** |
| **Gymnastics**  **EDS ks1 Unit 1 Task 2** | **Dance**  **Cat Dance**  **(CT)** | **Gymnastics**  **Making Shapes (CT)** | **Games**  **Football**  **(SSSP)** | **Dance**  **How Does It Feel?**  **EDS KS1 Unit 2** | **OAA**  **Where Are We Going?**  **EDS KS1 Ut 1 Task 1** |
| **Year 3 & 4** | **Games**  **Tag Rugby**  **(SSSP)** | **Gymnastics**  **Balancing Act (CT)** | **Dance**  **Machines**  **(CT)** | **OAA**  **Where Am I? EDS KS2 Unit2 Task 2** | **Games**  **Cricket**  **(SSSP)** | **Athletics**  **Distance Challenge**  **EDS KS2 Unit 3** |
| **Swimming** | **Swimming** | **Gymnastics**  **EDS KS2 Unit 4 Task 1** | **Dance**  **Topic-Based Dance** | **Athletics**  **Take Aim**  **(CT)** | **OAA**  **Communication Challenge**  **EDS Unit 2 Task 2** |
| **Year 5 & 6** | **Games**  **Pairs Play**  **(CT)** | **Gymnastics**  **Group Dynamics**  **(CT)** | **Dance**  **Invasion**  **(CT)** | **Gymnastics**  **EDS Unit 6 Tasks 1& 2** | **OAA**  **Beat the Clock**  **(EDS)** | **Athletics**  **(SSSP)** |
| **Swimming** | **Swimming** | **Games**  **High 5 Netball**  **(SSSP)** | **Athletics**  **Improving Athletes**  **(CT)** | **Dance**  **Propped Up**  **(CT)** | **OAA**  **Crystal Star Challenge (CT)** |

**OAA – Outdoor and Adventurous Activities SSSP – Staindrop School Sports Partnership**

**CT – Core Task EDS – Durham Assessment Task**